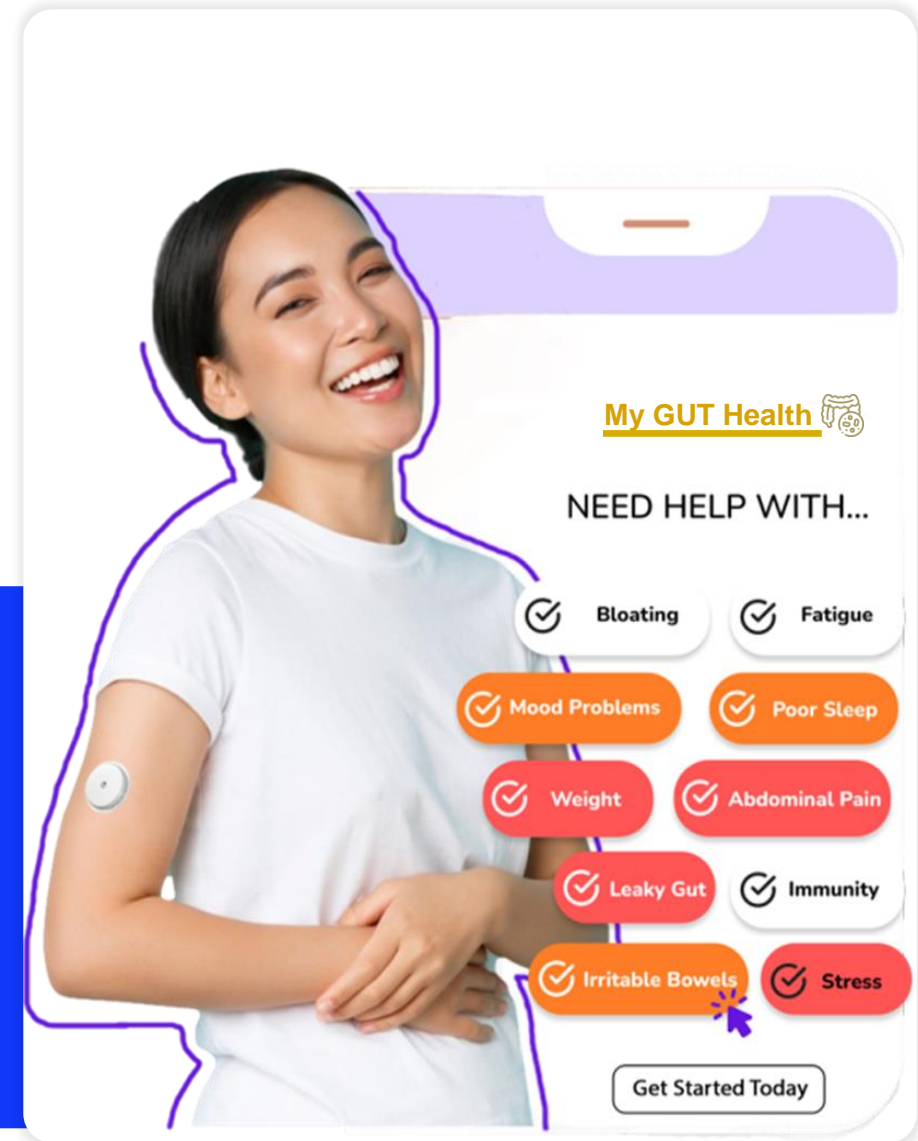


# Optimize Your GUT Health.

Live Healthy, Longer.

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# GUT MICROBIOME TEST (GUTassess)

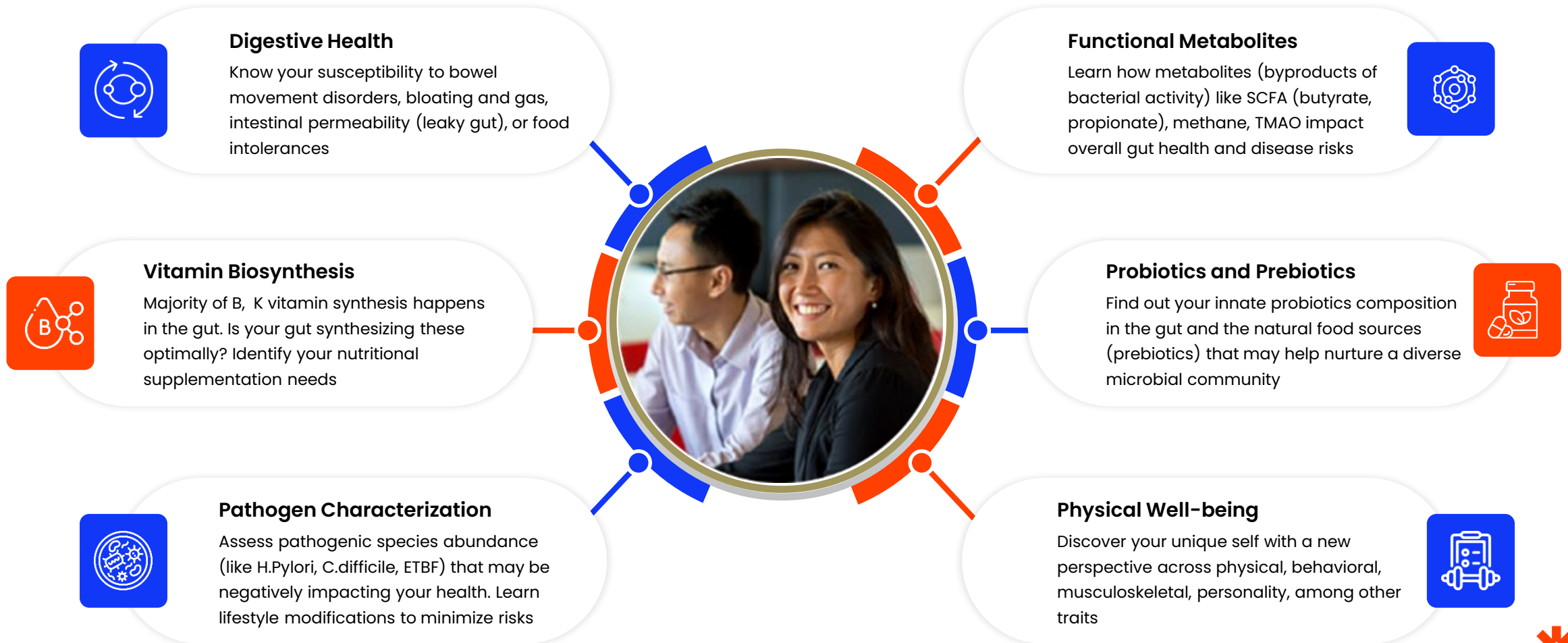
Our members choose Gut Health Assessment, when they may experience any one or more of these symptoms or conditions :

- ✓ Irregular or irritable bowels (IBS), IBD, leaky gut
- ✓ Abdomen or stomach pain, bloating, gas, discomfort
- ✓ Constipation, diarrhea, indigestion, bowel problems
- ✓ Food or skin sensitivity, allergies, eczema or psoriasis
- ✓ H. Pylori, SIBO, gastritis, nausea or acid reflux
- ✓ Difficulty in losing weight or weight-loss regain
- ✓ Low immunity, poor sleep quality, sleep disturbances
- ✓ Feelings of anxiety or depression, impacts mental health
- ✓ Low energy, fatigue or brain fog, lethargy, tiredness
- ✓ Inflammation, bone and joint discomfort; or
- ✓ Want to assess gut microbiome to optimize health



# What You May Learn

About your nutrition and fitness.



# What You May Learn

About your health conditions.

