

# Optimize Your Glucose Metabolism.

Live Healthy, Longer.



21<sup>st</sup> Century Health



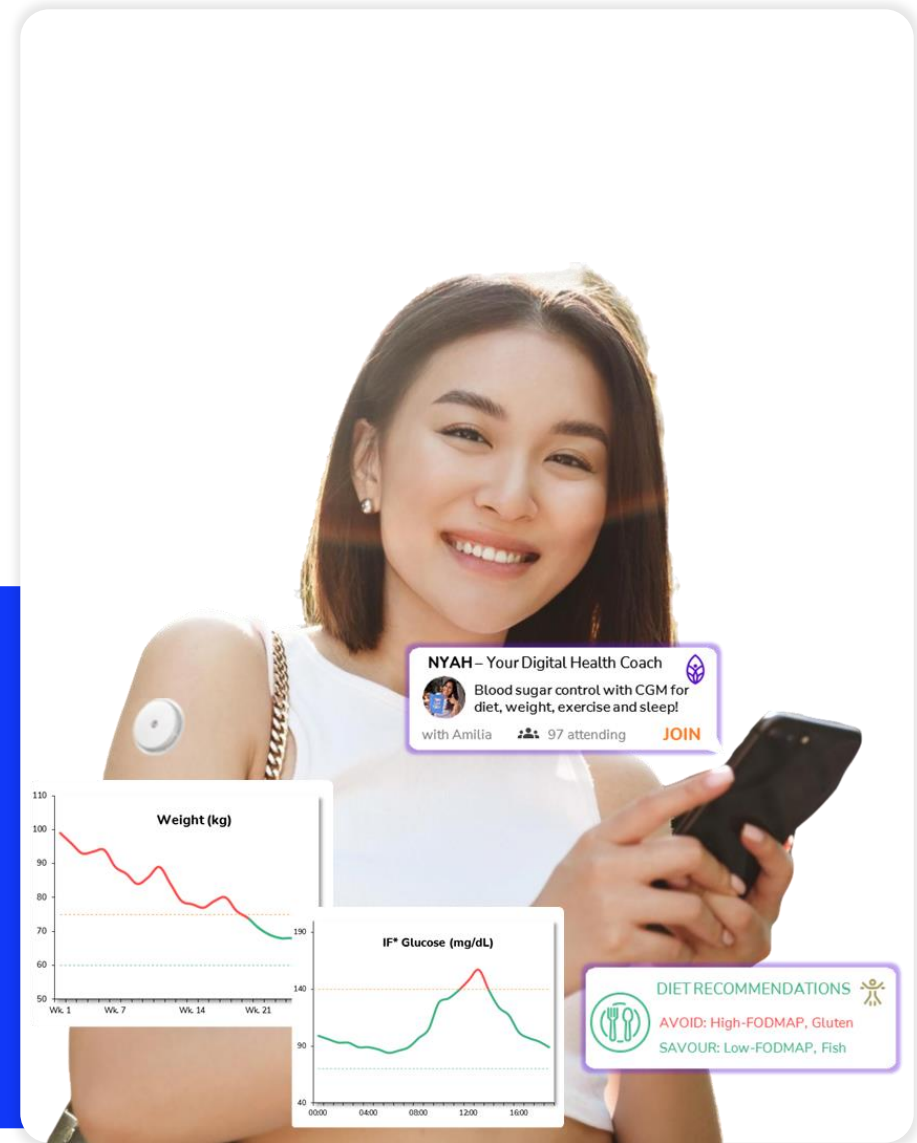
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My Tracking

OPTIMAL  
Continuous Glucose  
Monitoring (CGM)  
LATEST RESULT

DAY 1 - 14

BUY NOW

\$199

\*No report review.

## GLUCOSE MONITORING (CGMgenix)

Individuals with weight and glucose imbalances, Pre-diabetes or those diagnosed with Type-1 or Type-2 Diabetes mention the following reasons to consider our comprehensive glucose monitoring services:

- ✓ Effective **diabetes management and weight control**
- ✓ Assess **diet and exercise impact on my glucose levels**
- ✓ Real-time **alerts on out-of-range values** as nudges to move
- ✓ Identify **food items likely causing weight, glucose issues**
- ✓ Assess impact of **modifying food choices to regulate levels**
- ✓ Insights on medication and exercise response impacting individual weight and glucose levels
- ✓ **Personalized diet and lifestyle advice** for behavior change
- ✓ Empowers me to make smarter nutrition, fitness and lifestyle choices