

Optimize Your Glucose Metabolism.

Live Healthy, Longer.



21st Century Health



www.genixpro.com



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EHS@genixpro.com

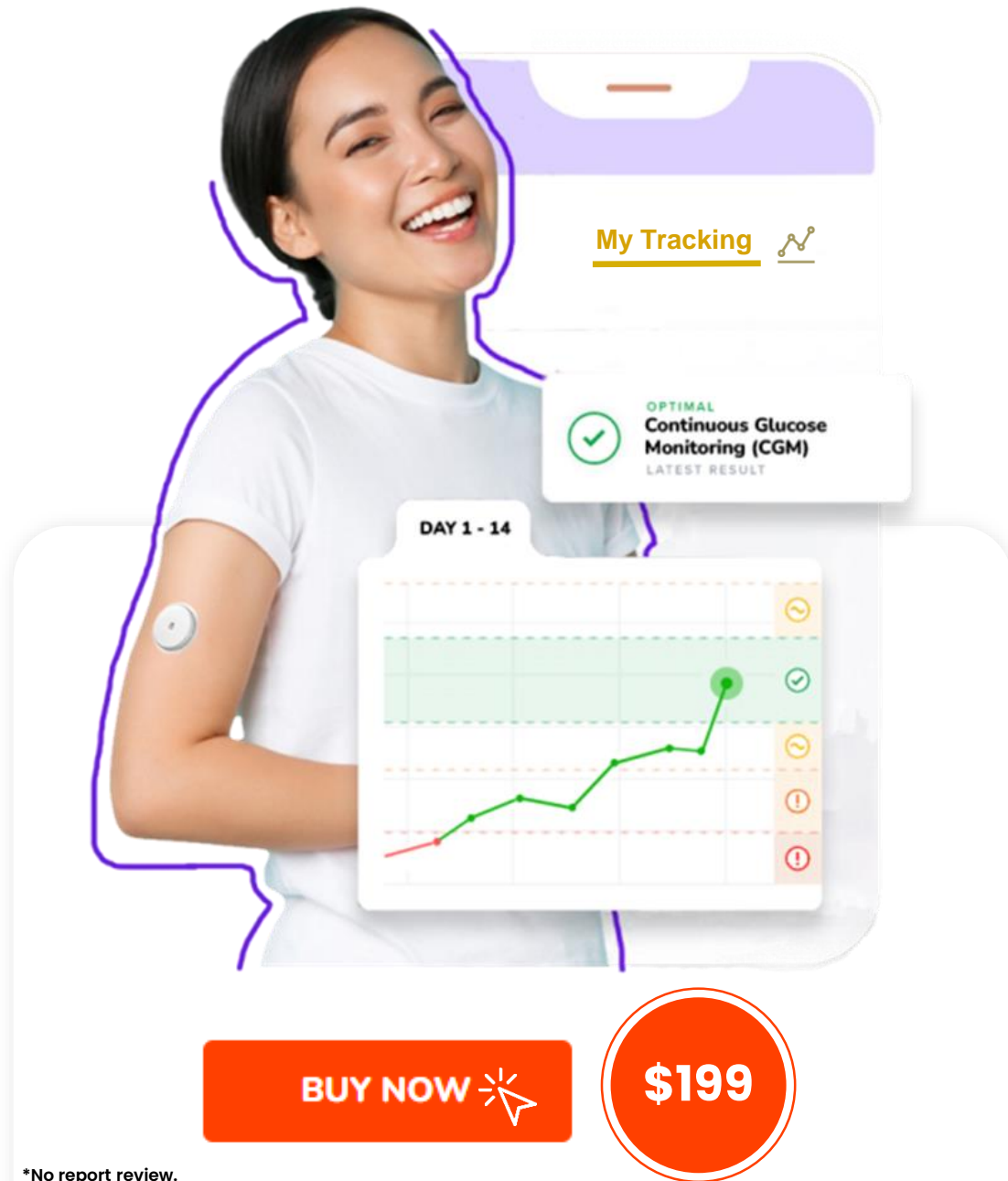
NYAH - Your Digital Health Coach
Blood sugar control with CGM for diet, weight, exercise and sleep!
with Amilia 97 attending **JOIN**

Weight (kg)
Wk 1 Wk 7 Wk 14 Wk 21

IF* Glucose (mg/dL)
0000 0400 0800 1200 1600

DIET RECOMMENDATIONS
AVOID: High-FODMAP, Gluten
SAVOUR: Low-FODMAP, Fish





My Tracking

OPTIMAL Continuous Glucose Monitoring (CGM)
LATEST RESULT

DAY 1 - 14

BUY NOW

\$199

*No report review.

GLUCOSE MONITORING (CGMgenix)

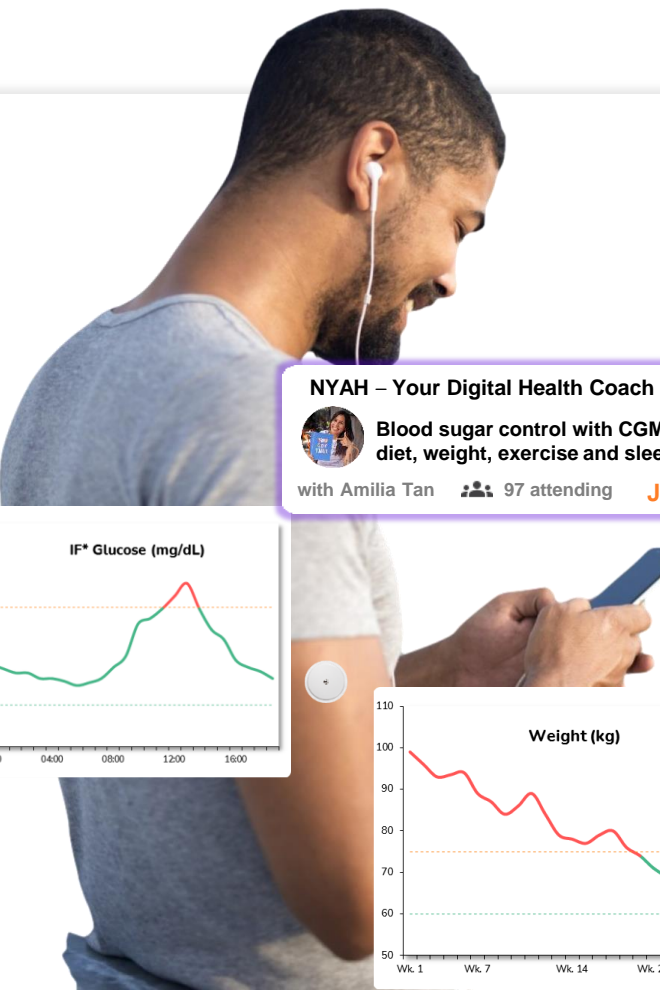
Individuals with weight and glucose imbalances, Pre-diabetes or those diagnosed with Type-1 or Type-2 Diabetes mention the following reasons to consider our comprehensive glucose monitoring services:

- ✓ Effective diabetes management and weight control
- ✓ Assess diet and exercise impact on my glucose levels
- ✓ Real-time alerts on out-of-range values as nudges to move
- ✓ Identify food items likely causing weight, glucose issues
- ✓ Assess impact of modifying food choices to regulate levels
- ✓ Insights on medication and exercise response impacting individual weight and glucose levels
- ✓ Personalized diet and lifestyle advice for behavior change
- ✓ Empowers me to make smarter nutrition, fitness and lifestyle choices





CGM Health Screening (Combines Continuous Glucose Monitoring with Executive Health Screening)

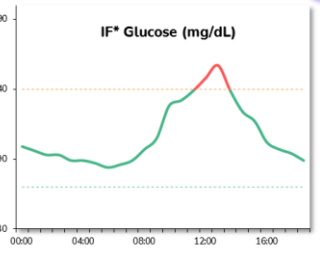
Get the same Glucose Monitoring (CGMgenix) assessment in all packages. Difference in cost is due to blood tests, ultrasound options* in packages below.



NYAH – Your Digital Health Coach

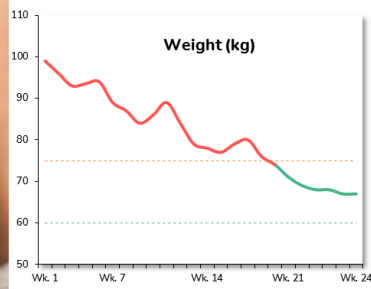
 **Blood sugar control with CGM for diet, weight, exercise and sleep!**

with Amilia Tan  97 attending [JOIN](#)



IF* Glucose (mg/dL)

Time	Glucose (mg/dL)
00:00	90
04:00	85
08:00	90
12:00	145
16:00	90



Weight (kg)

Week	Weight (kg)
Wk. 1	100
Wk. 7	85
Wk. 14	75
Wk. 21	65
Wk. 24	60

~~\$359~~
\$279

Novum

CGM + Basic Blood Tests included

- CGM Assessment (CGMgenix)
- 44 basic blood tests
- No report review

BUY NOW 

~~\$399~~
\$299

Elementum

With vitamin deficiency screen

- All of Novum++
- Vitamins, Diabetes, Heart Health screening
- 1x doctor review + 1x scientific review

BUY NOW 

~~\$449~~
\$349

Magnum

With 3x cancer markers screen

- All of Elementum++
- 3x cancer markers, 2x Hep. B markers, 1x Hep. A biomarker

BUY NOW 

~~\$499~~
\$399

Optimum

With 1x Ultrasound or tests/scans*

- All of Magnum++
- Choice of 1x Ultrasound or specialized tests

BUY NOW 

***Note:** Blood tests are done at clinic locations at Royal Square Novena or Paragon. Detailed health advisory emailed upon purchase.



Blood Tests Included

Category	Test Name	Novum	Elementum	Magnum
Energy & Metabolism	Blood Sugar (Fasting or Non-fasting)	✓	✓	✓
	HbA1c (Type-2 Diabetes Screen)	✗	✓	✓
Heart Health Risk	Total Cholesterol	✓	✓	✓
	HDL, LDL Cholesterol, Triglycerides	✓	✓	✓
	Cholesterol Ratio(s)	✓	✓	✓
Inflammation Risk	Inflammation Marker (hsCRP CRP)	✗	✓	✓
Vitamin Deficiency	Vitamin D, Vitamin B12	✗	✓	✓
Bone & Joint Health (Asses osteoporosis or rheumatoid arthritis risk)	Calcium, Phosphate	✓	✓	✓
	Uric Acid (Gout Risk)	✓	✓	✓
	Rheumatoid Arthritis (RA) Factor	✗	✓	✓
Liver Health (Asses liver enzymes, function, damage, inflammation, or fatty liver / fibrosis risk)	Total Bilirubin (+ Direct, Indirect)	✓	✓	✓
	Alkaline Phosphatase (ALP)	✓	✓	✓
	SGPT/ALT, SGOT/AST, Gamma GT	✓	✓	✓
	Protein, Albumin, Globulin, AIG Ratio	✓	✓	✓
	FIB-4 Index (Assess Fibrosis Risk)	✓	✓	✓
Urine Examination	Urine Microalbumin Ratio, Urinalysis	✗	✓	✓

Optimum = All of Magnum + ONE (01) extra option (see next page)

Choose ONE (01) option of specialized blood tests, ultrasound, or scans. If you wish to add more options, indicate the same upon your purchase to enjoy bundle discounts.



Category	Test Name	Novum	Elementum	Magnum
Kidney Health (Assess kidney function to detect early signs of kidney disorders)	Urea	✓	✓	✓
	Creatinine	✓	✓	✓
	Sodium, Potassium	✓	✓	✓
	Chloride	✓	✓	✓
	Bicarbonate	✗	✓	✓
	Anion Gap (Acid-Base Imbalances)	✗	✓	✓
	eGFR (Estimated Glomerular Filtration Rate)	✓	✓	✓
Thyroid Function	Free Thyroxine (FT4)	✓	✓	✓
	Thyroid Stimulating Hormone (TSH)	✓	✓	✓
Blood Profile (Detect early signs of iron deficiency anemia or other blood disorders)	Full Blood Count (incl. RDW)	✓	✓	✓
	ESR, Peripheral Blood Film (PBF)	✓	✓	✓
	Blood Group (ABO & Rhesus)	✓	✓	✓
Hepatitis A & B Screen	Hepatitis Bs Antigen, Antibody (HBsAg, HBsAb)	✗	✗	✓
	Hep. A Total Antibody (in non-fasting profile*)	✗	✗	✓
3x Cancer Markers	Liver (AFP). Colon (CEA)	✗	✗	✓
	For Women: Ovaries (CA125)	✗	✗	✓
	For Men: Prostate (PSA)	✗	✗	✓

With Optimum: Add-on Quarterly Subscription Extra (\$69.90/- per visit)

Body Measurements and Vitals (BMI, BP, SpO2)	✓
Metabolic Health: Body Composition Assessment	✓
Cardiac Risk: Resting Electrocardiogram (ECG)	✓
Vision Check: Visual Acuity, Color Vision, Contrast	✓

For Optimum (Choose ANY ONE option for FREE or at Extra Cost)

Options Available	ID#	Test Name
Choose ANY ONE (01) for FREE	1	Ultrasound Kidneys OR Ultrasound Thyroid
	2	Bone Mineral Density (BMD) - Assess risk of osteoporosis, bone and joint health
	3	Resting ECG AND Chest X-Ray (Filmless) AND (Urine Microalbumin OR Stool Occult Test)
	4	Specialized Blood Test: Heart (ApoB, LP(a)) OR Metabolism (Insulin + Cortisol) OR Hormones OR Iron Deficiency
	5	Women: Ultrasound Pelvis (Transabdominal)
	6	Women: Pap Smear (LBC ThinPrep)
	7	Women (under 40 y.o.): Ultrasound Breast
	8	Supplements: 1 unit (Vitamin OR Mineral) AND 1 unit Probiotic supplement
Choose ANY ONE (01) for Extra Cost	9	Ultrasound KUB (Kidneys, Ureter, Bladder)\$59 extra OR Ultrasound Neck\$59 extra
	10	Women: Ultrasound Pelvis (Transvaginal for PCOS/PCOD Diagnosis)\$79 extra
	11	Women: HPV DNA Cervical Cancer Screening (Higher Accuracy)\$79 extra
	12	Women (over 40 y.o.): Mammogram\$79 extra
	13	Ultrasound Hepatobiliary (Liver, Pancreas, Spleen and Gallbladder)\$79 extra
	14	Men: Ultrasound Prostate (Prostate Cancer Screen)\$99 extra
	15	Diet Weight Management: Continuous Glucose Monitoring (Abbott Freestyle Libre)\$99 extra
	16	Ultrasound Abdomen (Liver, Pancreas, Spleen, Gallbladder and Kidneys)\$99 extra
	17	Ultrasound Liver with Elastography (to assess liver stiffness and/or fibrosis risk)\$159 extra
	18	Specialized Blood Test: Metabolic Efficiency Assessment (Comprehensive Insulin Resistance Screen)\$179 extra
	19	Treadmill Stress ECG (Detailed Heart Function)\$179 extra
	20	Body Composition (fat, muscle) DEXA Scan\$199 extra
	21	CT Coronary Calcium Score\$259 extra
	22	2D Echocardiogram\$299 extra

Contact us  EHS@genixpro.com |  **WhatsApp: +65-88752304 to add-on more than ONE (01) option** or if you wish to inquire about other health screening packages.
Blood tests, Ultrasound and Scans require a visit to our clinic location at Royal Square Novena or Paragon. Ultrasound and scans require an appointment to be scheduled before your visit.



Add-on Options (Additional charges* apply)

01 Nutritional Deficiency

Magnesium (Mg), Zinc (Zn), Iron Deficiency Anaemia Screen (see 02)

02 Iron Deficiency Anaemia (Fatigue | Tiredness)

Iron, Ferritin, Transferrin, TIBC, % Iron Saturation, Folic Acid (B9)

03 Cardio-Metabolic Risk (Longevity)

- Lipoprotein(a), APOB, Homocysteine, Total Testosterone OR Estradiol (E2), Cortisol, DHEAS, Insulin.
- **Extra(s)*:** Ferritin, Testosterone (F), Estradiol (M), Insulin Resistance Screen (Basic: HOMA-IR or Comprehensive: Kraft Test*), Telomere Length Test, myTrueAge (Biological Age Test)*

04 Cardiac Health Risk Screen

- Lipoprotein (a), APOB, APOA1, CK, Homocysteine.
- **Extra(s)*:** Insulin, Cortisol, High Sensitive Troponin-I

05 Cardio-Respiratory Fitness

- Body Fat Assessment (DEXA Scan | InBody)
- VO2Max Test – Aerobic Fitness (Treadmill or Bike)

06 Cancer Markers

- Pancreas (CA 19.9), Nose (EBV), Breast (CA 15.3) OR Testicular
- **Extra(s)*:** Free PSA %, SCC
- Liver (AFP), Colon (CEA), Ovaries (CA125) OR Prostate (PSA) – Included in GutSense

07 Colon Cancer Screening

- Stool Occult Blood (Basic) OR FIT – Fecal Immunological Screen (Advanced)

08 Stomach Ulcer Screen – Helicobacter Pylori | SIBO

- H. Pylori Blood Test (Basic) OR Urea Breath Test (Advanced)
- SIBO Breath Test

09 Cervical Cancer Screen (Female)

- HPV DNA (Higher Accuracy) OR Pap Smear (LBC Thin Prep)

10 Hepatitis Markers

- Hepatitis A Antibody
- Hepatitis C Antibody
- Hepatitis B included in GutSense

11 Hormone Profile (Female)

- FSH, LH, Prolactin, Estradiol (E2), Progesterone.
- **Extra(s)*:** Testosterone, DHEAS, SHBG

12 Fertility Screen (Female)

- FSH, LH, Prolactin, Estradiol (E2), Progesterone, Ovarian Reserve (AMH), Pregnancy (hCG),

13 Stress | Anti Ageing (Female)

- Estradiol (E2), DHEAS, IGF1, Cortisol
- **Extra(s)*:** IGFBP3, DUTCH Test (Hormones)

14 Menopause | Menstrual Irregularities | PCOS

- FSH, LH, Estradiol (E2)
- **Extra(s)*:** Prolactin, Selenium

15 Hormone Profile (Male)

- FSH, LH, Prolactin, Total Testosterone
- **Extra(s)*:** Free Testosterone, DHEAS, SHBG

16 Stress | Anti Ageing (Male)

- Total Testosterone, DHEAS, IGF1, SHBG, FAI, Cortisol
- **Extra(s)*:** IGFBP3, DUTCH Test (Hormones)

17 Thyroid Imbalances (Weight | Mood)

- Free T3, Total T3, Total T4, TgAb, TPO
- **Extra(s)*:** TRAB, Rev. T3.

18 Hair Loss Screen (M/F)

- Free T3, Iron Deficiency Anaemia Screen (see 02), Zinc, Mg, Hormones
- **Extra(s)*:** Thyroid Antibodies

19 Digestive Enzymes

- Liver: Lactate Dehydrogenase (LDH)
- Pancreas: Amylase, Lipase
- **Extra(s)*:** LiverFAST, LiverStat

20 Kidney Function

- Urine Microalbumin/Creatinine
- **Extra(s)*:** Cystatin C

22 Sexual Health

- HIV, Syphilis, Herpes Simplex Virus Type I and II, Chlamydia, Gonorrhea

23 Immunity | Autoimmune Diseases

- Anti-Nuclear Antibodies (ANA)
- **Extra(s)*:** CD4:CD8 Ratio

*Price available on request upon purchase of main package(s).

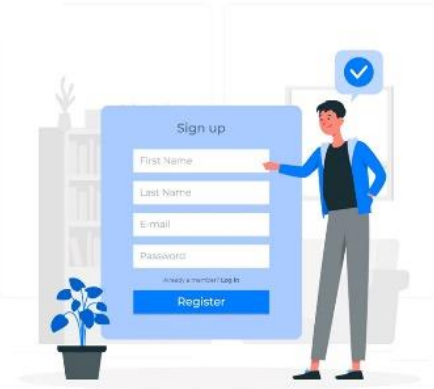


Test Description

TEST	DESCRIPTION
PAP Smear or HPV DNA	For women, these tests help to screen for precancerous or cancerous cells in a sample of cells collected from the surface of the cervix.
Ultrasound Pelvis	For women to check for abnormalities in the organs of the pelvis, including ovaries, uterus and connecting structures to detect fibroids, cysts or other masses.
Mammogram (≥ 40 y.o.)	A mammogram uses X-rays and is considered a gold standard for early detection of breast lumps, generally recommended for women over 40 years old.
Ultrasound Breast (< 40 y.o)	An ultrasound breast examination uses sound waves for early detection of specific breast lumps (solid mass vs. cyst), and is generally recommended for younger women and/or those with dense breast tissue.
Ultrasound Abdomen	Early detection of nodules, cyst, stones, fatty liver disease in intra-abdominal organs such as liver, gallbladder, pancreas, spleen and kidney
Treadmill Stress ECG	A gold standard in detecting silent ischemic heart disease. Test result reviewed by cardiologist*
CT Coronary Calcium Score	Checks for calcium deposits in the walls of the arteries in your heart to assess the risk of heart health conditions.
Ultrasound Thyroid	Detection of abnormal tissues (tumour) in your thyroid glands and tells this apart from a sac containing fluid (cyst)
Ultrasound Kidneys or KUB	Ultrasound Kidneys to assess the blood flow to the kidney as well as its size, shape and location or KUB: to assess structural abnormalities along your entire urinary tract, such as stones, cysts and growths.
Ultrasound Prostate	Check for abnormalities in the male prostate gland, such as masses that could indicate cancer or general enlargement.
Chest X-Ray (Filmless)	Evaluation of lungs, heart and surrounding anatomy for abnormalities or for signs of congestive heart failure (CHF)
Bone Mineral Densitometry (BMD)	Provides a snapshot of bone health, identify osteoporosis and determine risk for fractures as we age
Ultrasound Carotid	Assess cardiovascular and stroke risk if cholesterol plaque is present, by checking the thickness of the inner two layers of the carotid artery



How It Works



Join

1. Choose your package and add-on options (if any)
2. Purchase online. E-receipt emailed upon confirmation
3. Schedule your appointment from the next screen



Test

4. Test at clinic location(s) at either Royal Square Novena or Paragon
5. Our packages allow greater flexibility to test anytime within 6-months of purchase



Know

6. Get results ready email notification (app, portal, WA)
7. Schedule Dr. review of lab test results (online – video)
8. Use AI Assistants to generate a personalized action plan



Act

9. Adhere to plan. Track results. Use voice, text AI Assistants for inquiries or to customize your recommendations, next steps
10. Transform your health. Retest. Optimize your healthspan.

Specialty Add-ons

DNA HEALTH INSIGHTS



PREDICT | HEALTH RISKS

Learn about your innate health traits, nutritional deficiencies and needs, hereditary health risk predispositions, likely food sensitivities & intolerances.

EXPLORE ✨

GUT HEALTH INSIGHTS



PERSONALIZE | NUTRITION

Assess gut microbiome composition, likely beneficial and harmful bacteria, their impact on health, probiotics and supplementation, food to eat or avoid.

EXPLORE ✨

SUPPLEMENTS SUBSCRIPTION



CUSTOMIZE | SUPPLEMENTS

Customize supplements subscription based on individual needs, uniquely identified from health assessment recommendations and your lab tests.

EXPLORE ✨

