



Maximize Your Well-being.

Live Healthy, Longer.

21ST Century Health Analytics

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LOOKING FOR...

- ✓ Health screening at home
- ✓ Full body health checkup
- ✓ Blood test and ultrasound
- ✓ Best value health checkup
- ✓ Health coaching at home

Get Started Today

Annual Health Screening

Visit [genixpro.com](https://www.genixpro.com)

genixpro





WHY CHOOSE EXECUTIVE HEALTH SCREENING?

Get predictive, deep-level insights into your current health status.

Unlock longevity with proactive prevention, not reactive repair.

- ✓ Test advanced biomarkers like ApoB, LP(a) for heart health
- ✓ Assess your vitamin and mineral deficiencies and needs
- ✓ Schedule tests for thyroid, weight and sugar level imbalances
- ✓ Test cognitive decline with omega-3 and brain function screen
- ✓ Test for iron deficiency anaemia, PCOS, hair fall and poor sleep
- ✓ VO2 Max, DEXA scan for aerobic fitness, performance and longevity
- ✓ Stress and anti-aging tests for cortisol and adrenal function
- ✓ Cancer detection*, colon and cervical cancer risk screening
- ✓ Autoimmune diseases, heavy metals, food allergies, sensitivities
- ✓ Digestive enzymes, hormones, fertility and menopause



**EXECUTIVE HEALTH SCREENING –
INCLUDES BLOOD TESTS AND
LIFESTYLE ASSESSMENT FOR:**

BLOOD TESTS

Metabolic Health



Heart Health



Liver Function



Kidney Function



Bone and Joint Profile



Blood Profile



LIFESTYLE ASSESSMENT



Physical Well-being



Nutritional Well-being



Psychological Well-being



Social Habits



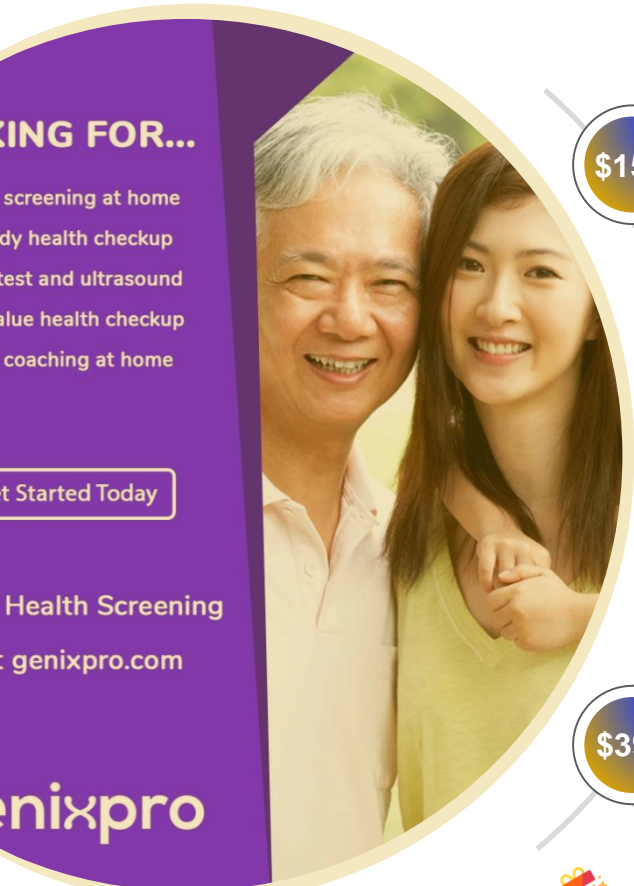
Stress Resilience



Body Composition



EXECUTIVE HEALTH SCREENING PACKAGES



<p>\$159</p>	<p>EVALUATE™ (44 Basic Biomarkers. No review)</p>	<p>Height, Weight, BP, BMI + 44 Blood Tests</p> <p>No Report Review</p>	<p>No PROMO Available</p>
<p>\$229</p>	<p>EXTEND™ (with Vitamin Deficiency Tests)</p>	<p>ALL OF EVALUATE™ + Vitamins, Diabetes, Heart Health Tests</p> <p>1x Doctor Review</p>	<p>\$30 OFF SAME DAY*</p> <p>\$199 NOW*</p>
<p>\$279</p>	<p>EVOLVE™ (with 3x Cancer Markers)</p>	<p>ALL OF EXTEND™ + 3x Cancer Markers, 2x Hep. B, 1x Hep. A* Tests</p>	<p>\$50 OFF SAME DAY*</p> <p>\$229 NOW*</p>
<p>\$399</p>	<p>ELEVATE™ (with 1x Ultrasound Scan)</p>	<p>ALL OF EVOLVE™ + Choice of 1x Ultrasound or Specialized Tests*</p>	<p>\$100 OFF SAME DAY*</p> <p>\$299 NOW*</p>

*Note:  **SAME DAY* PROMO** only applies when members **inquire, register and purchase** a package within the same day.



EXECUTIVE HEALTH SCREENING – BLOOD TESTS + 1X ULTRASOUND OPTIONS*

GenixPRO™ Clinical Assessment	Evaluate	Extend	Evolve
Energy and Metabolism			
Blood Sugar (Fasting and Non-fasting option)	✓	✓	✓
HbA1c (Type-2 Diabetes Screen)	✗	✓	✓
Heart Health			
Total Cholesterol	✓	✓	✓
HDL, LDL Cholesterol, Triglycerides	✓	✓	✓
Cholesterol Ratio(s)	✓	✓	✓
Inflammation Risk			
Inflammation Marker (hsCRP)	✗	✓	✓
Nutritional Deficiency			
Vitamin D, Vitamin B12	✗	✓	✓
Bone and Joint Health			
Calcium, Phosphate	✓	✓	✓
Uric Acid (Gout)	✓	✓	✓
Rheumatoid Arthritis (RA) Factor	✗	✓	✓
Liver Health			
Total Bilirubin (+ Direct, Indirect values)	✓	✓	✓
Alkaline Phosphatase (ALP)	✓	✓	✓
SGPT (ALT), SGOT (AST), Gamma GT (GGT)	✓	✓	✓
Total Protein, Albumin, Globulin, A/G Ratio	✓	✓	✓
FIB-4 Index (Fibrosis Risk Assessment)	✓	✓	✓
Kidney Health			
Urea	✓	✓	✓
Creatinine	✓	✓	✓
Sodium, Potassium	✓	✓	✓
Chloride	✓	✓	✓
Bicarbonate	✗	✓	✓
Anion Gap (Acid-Base Imbalances)	✗	✓	✓
eGFR	✓	✓	✓
Urine Examination	✗	✓	✓

GenixPRO™ Clinical Assessment	Evaluate	Extend	Evolve
Thyroid Function			
Free Thyroxine (FT4)	✓	✓	✓
Thyroid Stimulating Hormone (TSH)	✓	✓	✓
Blood Profile			
Full Blood Count (incl. RDW)	✓	✓	✓
ESR, Peripheral Blood Film (PBF)	✓	✓	✓
Blood Group (ABO & Rhesus)	✓	✓	✓
Hepatitis A* and B Screen			
Hepatitis Bs Antigen, Antibody (HBsAg, HBsAb)	✗	✗	✓
Hep. A Total Antibody (with non-fasting* profile only)	✗	✗	✓
Cancer Markers			
Liver (AFP), Colon (CEA)	✗	✗	✓
Ovaries (CA125) or Prostate (PSA)	✗	✗	✓
Elevate = Evolve + Choice of ANY ONE (01) option from next page			
Choose ANY ONE (01) option from a variety of specialized blood tests, ultrasound, scans and other preventive measures not generally offered in any "traditional" health screening. If you wish to consider adding more than one option, kindly indicate the same at the time of purchase to enjoy additional discounts.			
Add-on Quarterly Subscription Services - Anthropometry Vitals Others*			
Body Measurements and Vitals (BMI, BP, SpO2)*	✗	✗	✓
Metabolic Health: Body Composition Assessment*	✗	✗	✓
Cardiac Risk: Resting Electrocardiogram (ECG)*	✗	✗	✓
Vision Check: Visual Acuity, Color Vision, Contrast*	✗	✗	✓

*Subscription services. Not offered with any promotions or discounts.



FOR ELEVATE™ ONLY – CHOOSE ANY ONE (01) OPTION FOR FREE OR AT EXTRA COST

If you choose GenixPRO™ Elevate™ : You may choose ANY ONE (01) from options listed below.

From options 1-8 - choose ANY ONE (01) for **FREE** as part of your Elevate™ package purchase.

OR

From options 9-22 - choose ANY ONE (01) for extra charges (as indicated) in addition to the Elevate™ package fee.

Note: Contact us if you wish to add-on more than 01 option or wish to **combine Gut and DNA health screening packages.**

- 1 Ultrasound Kidneys **OR** Ultrasound Thyroid
- 2 Bone Mineral Density (BMD) - Assess risk of osteoporosis, bone and joint health
- 3 Resting ECG **AND** Chest X-Ray (Filmless) **AND** (Urine Microalbumin **OR** Stool Occult Test)
- 4 **Specialized Blood Test: Heart (ApoB, LP(a)) **OR** Metabolism (Insulin + Cortisol) **OR** Hormones **OR** Iron Deficiency**
- 5 **Women:** Ultrasound Pelvis (Transabdominal)
- 6 **Women:** Pap Smear (LBC ThinPrep)
- 7 **Women (under 40 y.o.):** Ultrasound Breast
- 8 **Supplements:** 1 unit (Vitamin **OR** Mineral) **AND** 1 unit Probiotic supplement
- 9 Ultrasound KUB (Kidneys, Ureter, Bladder)^{\$59 extra} **OR** Ultrasound Neck^{\$59 extra}
- 10 **Women:** Ultrasound Pelvis (Transvaginal for PCOS/PCOD Diagnosis)^{\$59 extra}
- 11 **Women:** HPV DNA Cervical Cancer Screening (Higher Accuracy)^{\$69 extra}
- 12 **Women (over 40 y.o.):** Mammogram^{\$79 extra}
- 13 Ultrasound Hepatobiliary (Liver, Pancreas, Spleen and Gallbladder)^{\$79 extra}
- 14 **Men:** Ultrasound Prostate (Prostate Cancer Screen)^{\$89 extra}
- 15 **Diet | Weight Management:** Continuous Glucose Monitoring (Freestyle Libre)^{\$99 extra}
- 16 Ultrasound Abdomen (Liver, Pancreas, Spleen, Gallbladder and Kidneys)^{\$99 extra}
- 17 Ultrasound Liver with Elastography (to assess liver stiffness or fibrosis)^{\$159 extra}
- 18 **Specialized Blood Test:** Metabolic Efficiency Assessment (Comprehensive Insulin Resistance Screen)^{\$169 extra}
- 19 Treadmill Stress ECG (Detailed Heart Function)^{\$179 extra}
- 20 Body Composition (fat, muscle) DEXA Scan^{\$199 extra}
- 21 CT Coronary Calcium Score^{\$299 extra}
- 22 2D Echocardiogram^{\$299 extra}

All options (except 8, 15) require a visit to our clinic location.



OTHER ADD-ON BLOOD TESTS AND SCANS (ADDITIONAL CHARGES APPLY)

1. NUTRITIONAL DEFICIENCY

- Magnesium (Mg), Zinc (Zn) and Iron Deficiency Anaemia Screen (refer #2)

2. IRON DEFICIENCY ANAEMIA (FATIGUE | TIREDNESS)

- Iron, Ferritin, Transferrin, TIBC, % Iron Saturation, Folic Acid (B9)

3. CARDIO-METABOLIC RISK (LONGEVITY)

- Lipoprotein(a), APOB, Homocysteine, Total Testosterone OR Estradiol (E2), Cortisol, DHEAS, Insulin.
- **Extra(s)*:** Ferritin, Testosterone(F), Estradiol(M), Insulin Resistance Screen (Basic: HOMA-IR or Comprehensive: KRAFT TEST*), Telomere Length Test, myTrueAge (Biological Age Test)*

4. CARDIAC HEALTH RISK SCREEN

- Lipoprotein (a), APOB, APOA1, CK, Homocysteine.
- **Extra(s)*:** Insulin, Cortisol, High Sensitive Troponin-I

5. CARDIO-RESPIRATORY FITNESS

- Body Fat Assessment (DEXA Scan | InBody)
- VO₂Max Test – Aerobic Fitness (Treadmill or Bike)

6. CANCER MARKERS

- Pancreas (CA 19.9), Nose (EBV), Breast (CA15.3) OR Testicular **Extra(s)*:** Free PSA %, SCC
- Liver (AFP), Colon (CEA), Ovaries (CA125) OR Prostate (PSA) – Included in EVOLVE

7. COLON CANCER SCREENING

- Stool Occult Blood (Basic) OR FIT - Fecal Immunological Screen (Advanced)

8. STOMACH ULCER SCREEN - HELICOBACTER PYLORI | SIBO

- H. Pylori Blood Test (Basic) OR Urea Breath Test (Advanced)
- SIBO Breath Test

9. CERVICAL CANCER SCREEN (FEMALE)

- HPV DNA (Higher Accuracy) OR Pap Smear (Thin Prep)

10. HEPATITIS MARKERS

- Hepatitis A Antibody
- Hepatitis C Antibody
- **Hepatitis B included in EVOLVE**

11. HORMONE PROFILE (FEMALE)

- FSH, LH, Prolactin, Estradiol (E2), Progesterone. **Extra(s)*:** Testosterone, DHEAS, SHBG

12. FERTILITY SCREEN (FEMALE)

- FSH, LH, Prolactin, Estradiol (E2), Progesterone, Ovarian Reserve (AMH), Pregnancy (hCG),

13. STRESS | ANTI AGEING (F)

- Estradiol (E2), DHEAS, IGF1, Cortisol **Extra(s)*:** IGF1, DUTCH Test (Hormones)

14. MENOPAUSE | MENSTRUAL IRREGULARITIES | PCOS

- FSH, LH, Estradiol (E2)
- **Extra(s)*:** Prolactin, Selenium

15. HORMONE PROFILE (MALE)

- FSH, LH, Prolactin, Total Testosterone **Extra(s)*:** Free Testosterone, DHEAS, SHBG

16. STRESS | ANTI AGEING (M)

- Total Testosterone, DHEAS, IGF1, SHBG, FAI, Cortisol **Extra(s)*:** IGF1, DUTCH Test (Hormones)

17. THYROID IMBALANCES (WEIGHT | MOOD)

- FT3, Tot. T3, Tot. T4, TgAb, TPO
- **Extra(s)*:** TRAB, Rev. T3.

18. HAIR LOSS SCREEN (M/F)

- FT3, Iron Deficiency Screen (#2), Zinc, Mg, Hormones (M/F)
- **Extra(s)*:** Thyroid Antibodies

19. DIGESTIVE ENZYMES

- Liver: Lactate Dehydrogenase (LDH)
- Pancreas: Amylase, Lipase
- **Extra(s)*:** LiverFASt, LiverStat

20. KIDNEY FUNCTION

- Urine Microalbumin/Creatinine
- **Extra(s)*:** Cystatin C

21. SEXUAL HEALTH

- HIV, Syphilis, Herpes Simplex Virus Type I and II, Chlamydia, Gonorrhoea

22. IMMUNITY | AUTOIMMUNE DISEASES

- Anti-Nuclear Antibodies (ANA)
- **Extra(s)*:** CD4:CD8 Ratio

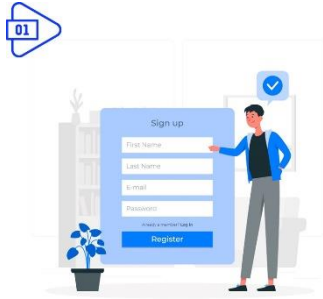


EXPLANATION OF TESTS AND SCANS

TEST	DESCRIPTION
PAP Smear or HPV DNA	For women, these tests help to screen for precancerous or cancerous cells in a sample of cells collected from the surface of the cervix.
Ultrasound Pelvis	For women to check for abnormalities in the organs of the pelvis, including ovaries, uterus and connecting structures to detect fibroids, cysts or other masses.
Mammogram (≥ 40 y.o.)	A mammogram uses X-rays and is considered a gold standard for early detection of breast lumps, generally recommended for women over 40 years old.
Ultrasound Breast (< 40 y.o)	An ultrasound breast examination uses sound waves for early detection of specific breast lumps (solid mass vs. cyst), and is generally recommended for younger women and/or those with dense breast tissue.
Ultrasound Abdomen	Early detection of nodules, cyst, stones, fatty liver disease in intra-abdominal organs such as liver, gallbladder, pancreas, spleen and kidney
Treadmill Stress ECG	A gold standard in detecting silent ischemic heart disease. Test result reviewed by cardiologist*
CT Coronary Calcium Score	Checks for calcium deposits in the walls of the arteries in your heart to assess the risk of heart health conditions.
Ultrasound Thyroid	Detection of abnormal tissues (tumour) in your thyroid glands and tells this apart from a sac containing fluid (cyst)
Ultrasound Kidneys or KUB	Ultrasound Kidneys to assess the blood flow to the kidney as well as its size, shape and location or KUB: to assess structural abnormalities along your entire urinary tract, such as stones, cysts and growths.
Ultrasound Prostate	Check for abnormalities in the male prostate gland, such as masses that could indicate cancer or general enlargement.
Chest X-Ray (Filmless)	Evaluation of lungs, heart and surrounding anatomy for abnormalities or for signs of congestive heart failure (CHF)
Bone Mineral Densitometry (BMD)	Provides a snapshot of bone health, identify osteoporosis and determine risk for fractures as we age
Ultrasound Carotid	Assess cardiovascular and stroke risk if cholesterol plaque is present, by checking the thickness of the inner two layers of the carotid artery



HOW IT WORKS



JOIN

[Register](#) for lifetime access to resources to test, track, optimize your health and longevity.



TEST

Select your plan. Test at clinics or at-home. DNA / Gut kits mailed home. Blood test done at clinic.



KNOW

Know your test results. Intervene early. Access our care teams to help, support and guide you.



ACT

Adhere to plan. Join online, live holistic well-being activities. Transform. Repeat.



OUR PRODUCTS

PREDICT | HEALTH RISKS



DNA HEALTH SCREENING

Comprehensive health check to identify predispositions, stratify disease and deficiency risks and personalize lifestyle recommendations.

PERSONALIZE | NUTRITION



GUT HEALTH SCREENING

Integrated health check to assess individual gut health composition and health risks, identify likely root causes, personalize nutrition.

CUSTOMIZE | SUPPLEMENTS



SUPPLEMENTS SUBSCRIPTION

Personalized supplements subscriptions based on individual needs, uniquely identified from health assessment recommendations.

Contact Us (EHS@genixpro.com | +65-88752304) if you wish to combine both DNA and GUT Health screening package.

