

Optimize Your Holistic Health.

Live Healthy, Longer.



21st Century Health



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EXECUTIVE HEALTH SCREENING















Get predictive, deep-level insights into your current health status.
Unlock longevity with proactive prevention, not reactive repair.

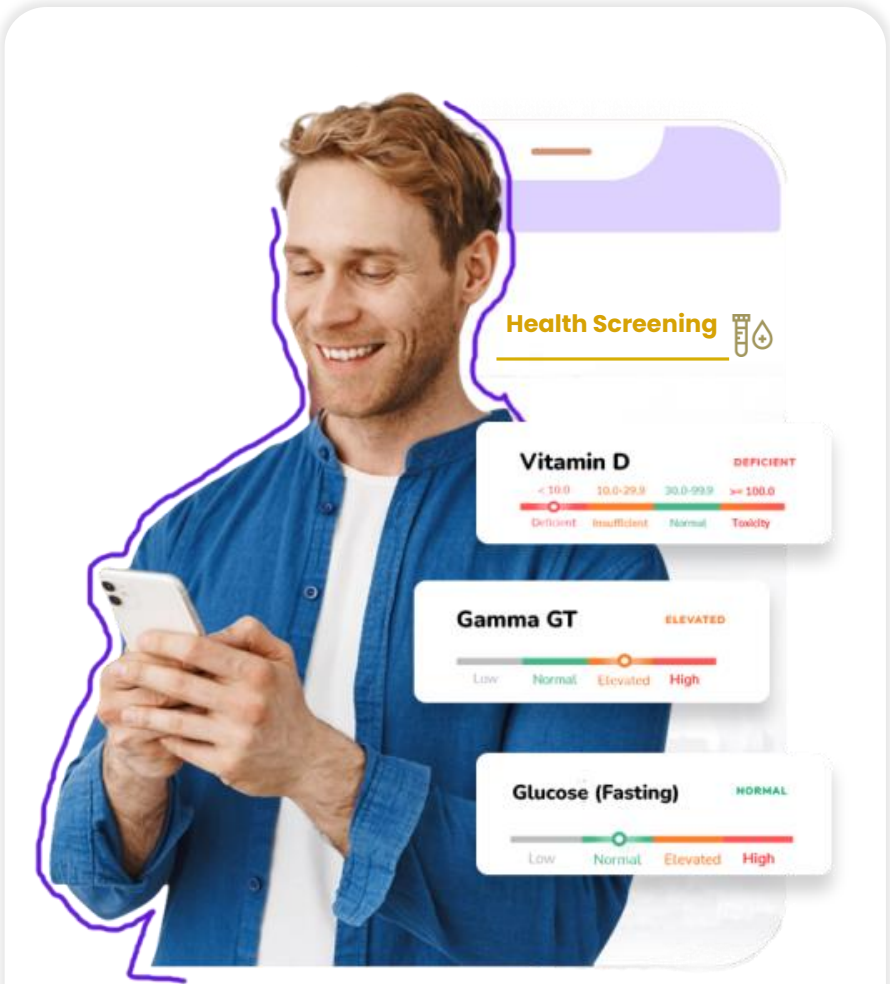
- ✓ Test advanced biomarkers like ApoB, LP(a) for heart health
- ✓ Assess your vitamin and mineral deficiencies and needs
- ✓ Schedule tests for thyroid, weight and sugar level imbalances
- ✓ Test cognitive decline with omega-3 and brain function screen
- ✓ Test for iron deficiency anaemia, PCOS, hair fall and poor sleep
- ✓ VO2 Max, DEXA scan for aerobic fitness, performance and longevity
- ✓ Stress and anti-aging tests for cortisol and adrenal function
- ✓ Cancer detection*, colon and cervical cancer risk screening
- ✓ Autoimmune diseases, heavy metals, food allergies, sensitivities
- ✓ Digestive enzymes, hormones, fertility and menopause



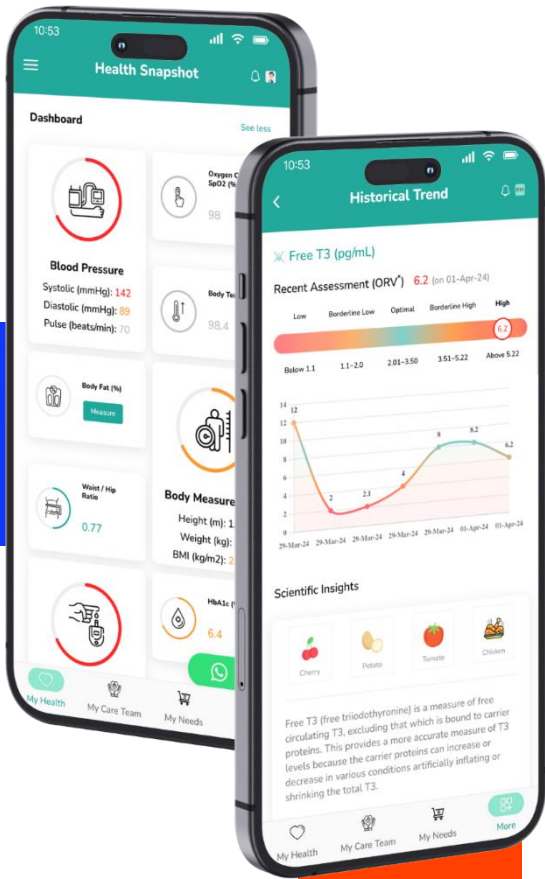
Our Approach

Our health screenings and assessments are a combination of blood biomarkers, lifestyle, imaging, wearables, DNA, Gut health insights. Such holistic screening approach allows for “whole-person” assessment, with personalized and actionable recommendations, to transform employee health.

Blood Tests	Lifestyle Assessment
 Metabolic Health	 Physical Well-being
 Heart Health	 Nutritional Well-being
 Liver Function	 Psychological Well-being
 Kidney Function	 Social Habits
 Bone and Joint Profile	 Stress Resilience
 Complete Blood Profile	 Body Composition
 Cancer Markers	 Body Vitals



Health Screening Packages



~~\$159~~

Evaluate

Basic health
checkup

- 44 blood tests
- Height, Weight, BP, BMI
- No report review

BUY NOW

~~\$299~~
\$229

Evolve

With 3x cancer
markers screen

- All of Extend++
- 3x cancer markers, 2x Hep. B markers, 1x Hep. A biomarker

BUY NOW

~~\$229~~
\$199

Extend

With vitamin
deficiency screen

- All of Evaluate++
- Vitamins, Diabetes, Heart Health screening
- 1x report review by Doctor

BUY NOW

~~\$399~~
\$299

Elevate

With 1x Ultrasound
or tests/scans*

- All of Evolve++
- Choice of 1x Ultrasound or specialized tests

BUY NOW

***Note:** Blood tests are done at clinic locations at Royal Square Novena or Paragon. Detailed health advisory emailed upon purchase.



Blood Tests Included

Category	Test Name	Evaluate	Extend	Evolve
Energy & Metabolism	Blood Sugar (Fasting or Non-fasting)	✓	✓	✓
	HbA1c (Type-2 Diabetes Screen)	✗	✓	✓
Heart Health Risk	Total Cholesterol	✓	✓	✓
	HDL, LDL Cholesterol, Triglycerides	✓	✓	✓
	Cholesterol Ratio(s)	✓	✓	✓
Inflammation Risk	Inflammation Marker (hsCRP CRP)	✗	✓	✓
Vitamin Deficiency	Vitamin D, Vitamin B12	✗	✓	✓
Bone & Joint Health (Asses osteoporosis or rheumatoid arthritis risk)	Calcium, Phosphate	✓	✓	✓
	Uric Acid (Gout Risk)	✓	✓	✓
	Rheumatoid Arthritis (RA) Factor	✗	✓	✓
Liver Health (Asses liver enzymes, function, damage, inflammation, or fatty liver / fibrosis risk)	Total Bilirubin (+ Direct, Indirect)	✓	✓	✓
	Alkaline Phosphatase (ALP)	✓	✓	✓
	SGPT/ALT, SGOT/AST, Gamma GT	✓	✓	✓
	Protein, Albumin, Globulin, AIG Ratio	✓	✓	✓
	FIB-4 Index (Assess Fibrosis Risk)	✓	✓	✓
Urine Examination	Urine Microalbumin Ratio, Urinalysis	✗	✓	✓

Category	Test Name	Evaluate	Extend	Evolve
Kidney Health (Assess kidney function to detect early signs of kidney disorders)	Urea	✓	✓	✓
	Creatinine	✓	✓	✓
	Sodium, Potassium	✓	✓	✓
	Chloride	✓	✓	✓
	Bicarbonate	✗	✓	✓
	Anion Gap (Acid-Base Imbalances)	✗	✓	✓
	eGFR (Estimated Glomerular Filtration Rate)	✓	✓	✓
Thyroid Function	Free Thyroxine (FT4)	✓	✓	✓
	Thyroid Stimulating Hormone (TSH)	✓	✓	✓
Blood Profile (Detect early signs of iron deficiency anemia or other blood disorders)	Full Blood Count (incl. RDW)	✓	✓	✓
	ESR, Peripheral Blood Film (PBF)	✓	✓	✓
	Blood Group (ABO & Rhesus)	✓	✓	✓
Hepatitis A & B Screen	Hepatitis Bs Antigen, Antibody (HBsAg, HBsAb)	✗	✗	✓
	Hep. A Total Antibody (in non-fasting profile*)	✗	✗	✓
3x Cancer Markers	Liver (AFP). Colon and Lungs (CEA)	✗	✗	✓
	For Women: Ovaries (CA125)	✗	✗	✓
	For Men: Prostate (PSA)	✗	✗	✓

Elevate = All of Evolve + ONE (01) extra option (see next page)

Choose ONE (01) option of specialized blood tests, ultrasound, or scans. If you wish to add more options, indicate the same upon your purchase to enjoy bundle discounts.

With Elevate: Add-on Quarterly Subscription Extra (\$69.90/- per visit)

Body Measurements and Vitals (BMI, BP, SpO2)	✓
Metabolic Health: Body Composition Assessment	✓
Cardiac Risk: Resting Electrocardiogram (ECG)	✓
Vision Check: Visual Acuity, Color Vision, Contrast	✓



For Elevate (Choose ANY ONE option for FREE or at Extra Cost)

Options Available	ID#	Test Name	Top-up Fee Extra
Choose ANY ONE (01) for FREE	1	Ultrasound Kidneys OR Ultrasound Thyroid	No top-up fee extra
	2	Bone Mineral Density (BMD) – Assess risk of osteoporosis, bone and joint health	
	3	Specialized Blood Test: Heart (ApoB, LP(a)) OR Metabolism (Insulin + Cortisol) OR Hormones OR Iron Deficiency Screen	
	4	For Women: Ultrasound Pelvis (Transabdominal) OR Pap Smear (LBC ThinPrep) OR Ultrasound Breast (for those under 40 y.o.)	
	5	Resting ECG AND Chest X-Ray (Filmless) AND Stool Occult Test	
	6	Supplements: 1 unit (Vitamin OR Mineral) AND 1 unit Probiotic supplement	
Choose ANY ONE (01) for Extra Cost	7	Ultrasound KUB (Kidneys, Ureter, Bladder) OR Ultrasound Neck	\$79/-
	8	For Women: Ultrasound Pelvis (Transvaginal for PCOS/PCOD Diagnosis) OR HPV DNA (Prevent cervical cancer)	\$99/-
	9	For Women (over 40 y.o.): Mammogram (Prevent breast cancer)	\$99/-
	10	Ultrasound Hepatobiliary (Liver, Pancreas, Spleen and Gallbladder)	\$99/-
	11	For Men: Ultrasound Prostate (Prevent prostate cancer)	\$99/-
	12	Diet Weight Management: Continuous Glucose Monitoring (Abbott Freestyle Libre)	\$109/-
	13	Ultrasound Abdomen (Liver, Pancreas, Spleen, Gallbladder and Kidneys)	\$109/-
	14	Ultrasound Liver with Elastography (to assess liver stiffness and/or fibrosis risk)	\$159/-
	15	Specialized Blood Test: Metabolic Efficiency Assessment (Comprehensive Insulin Resistance Screen)	\$179/-
	16	Detailed Heart Function: Stress ECG (Treadmill)	\$179/-
	17	DEXA Scan: Body Composition Assessment (fat, muscle)	\$199/-
	18	Heart Health Risk: CT Coronary Calcium Score	\$259/-
	19	Heart Health Risk: 2D Echocardiogram	\$299/-

Contact us  EHS@genixpro.com |  **WhatsApp: +65-88752304 to add-on more than ONE (01) option** or if you wish to inquire about other health screening packages.

Blood tests, Ultrasound and Scans require a visit to our clinic location at Royal Square Novena or Paragon. Ultrasound and scans require an appointment to be scheduled before your visit.



Premium Add-on Options (Additional charges* apply)

01 Nutritional Deficiency

Magnesium (Mg), Zinc (Zn), Iron Deficiency Anaemia Screen (see 02)

02 Iron Deficiency Anaemia (Fatigue | Tiredness)

Iron, Ferritin, Transferrin, TIBC, % Iron Saturation, Folic Acid (B9)

03 Cardio-Metabolic Risk (Longevity)

- Lipoprotein(a), APOB, Homocysteine, Total Testosterone OR Estradiol (E2), Cortisol, DHEAS, Insulin.
- **Extra(s)*:** Ferritin, Testosterone (F), Estradiol (M), Insulin Resistance Screen (Basic: HOMA-IR or Comprehensive: Kraft Test*), Telomere Length Test, myTrueAge (Biological Age Test)*

04 Cardiac Health Risk Screen

- Lipoprotein (a), APOB, APOA1, CK, Homocysteine.
- **Extra(s)*:** Insulin, Cortisol, High Sensitive Troponin-I

05 Cardio-Respiratory Fitness

- Body Fat Assessment (DEXA Scan | InBody)
- VO2Max Test – Aerobic Fitness (Treadmill or Bike)

06 Cancer Markers

- Pancreas (CA 19.9), Nose (EBV), Breast (CA 15.3) OR Testicular
- **Extra(s)*:** Free PSA %, SCC
- Liver (AFP), Colon (CEA), Ovaries (CA125) OR Prostate (PSA) – Included in Evolve

07 Colon Cancer Screening

- Stool Occult Blood (Basic) OR FIT – Fecal Immunological Screen (Advanced)

08 Stomach Ulcer Screen – Helicobacter Pylori | SIBO

- H. Pylori Blood Test (Basic) OR Urea Breath Test (Advanced)
- SIBO Breath Test

09 Cervical Cancer Screen (Female)

- HPV DNA (Higher Accuracy) OR Pap Smear (LBC Thin Prep)

10 Hepatitis Markers

- Hepatitis A Antibody
- Hepatitis C Antibody
- Hepatitis B included in Evolve

11 Hormone Profile (Female)

- FSH, LH, Prolactin, Estradiol (E2), Progesterone.
- **Extra(s)*:** Testosterone, DHEAS, SHBG

12 Fertility Screen (Female)

- FSH, LH, Prolactin, Estradiol (E2), Progesterone, Ovarian Reserve (AMH), Pregnancy (hCG),

13 Stress | Anti Ageing (Female)

- Estradiol (E2), DHEAS, IGF1, Cortisol
- **Extra(s)*:** IGFBP3, DUTCH Test (Hormones)

14 Menopause | Menstrual Irregularities | PCOS

- FSH, LH, Estradiol (E2)
- **Extra(s)*:** Prolactin, Selenium

15 Hormone Profile (Male)

- FSH, LH, Prolactin, Total Testosterone
- **Extra(s)*:** Free Testosterone, DHEAS, SHBG

16 Stress | Anti Ageing (Male)

- Total Testosterone, DHEAS, IGF1, SHBG, FAI, Cortisol
- **Extra(s)*:** IGFBP3, DUTCH Test (Hormones)

17 Thyroid Imbalances (Weight | Mood)

- Free T3, Total T3, Total T4, TgAb, TPO
- **Extra(s)*:** TRAB, Rev. T3.

18 Hair Loss Screen (M/F)

- Free T3, Iron Deficiency Anaemia Screen (see 02), Zinc, Mg, Hormones
- **Extra(s)*:** Thyroid Antibodies

19 Digestive Enzymes

- Liver: Lactate Dehydrogenase (LDH)
- Pancreas: Amylase, Lipase
- **Extra(s)*:** LiverFAST, LiverStat

20 Kidney Function

- Urine Microalbumin/Creatinine
- **Extra(s)*:** Cystatin C

22 Sexual Health

- HIV, Syphilis, Herpes Simplex Virus Type I and II, Chlamydia, Gonorrhea

23 Immunity | Autoimmune Diseases

- Anti-Nuclear Antibodies (ANA)
- **Extra(s)*:** CD4:CD8 Ratio



*Note: Price available on request upon purchase of main package(s).

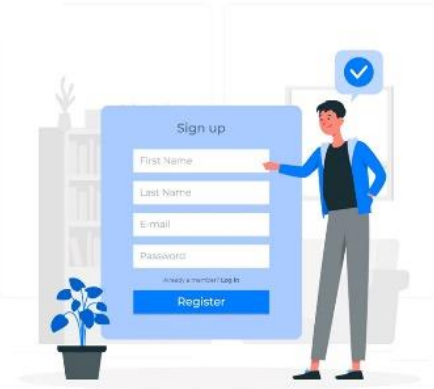
Extra(s)* incur extra cost, in addition to the add-on test fee.

Test Description

TEST	DESCRIPTION
PAP Smear or HPV DNA	For women, these tests help to screen for precancerous or cancerous cells in a sample of cells collected from the surface of the cervix.
Ultrasound Pelvis	For women to check for abnormalities in the organs of the pelvis, including ovaries, uterus and connecting structures to detect fibroids, cysts or other masses.
Mammogram (≥ 40 y.o.)	A mammogram uses X-rays and is considered a gold standard for early detection of breast lumps, generally recommended for women over 40 years old.
Ultrasound Breast (< 40 y.o)	An ultrasound breast examination uses sound waves for early detection of specific breast lumps (solid mass vs. cyst), and is generally recommended for younger women and/or those with dense breast tissue.
Ultrasound Abdomen	Early detection of nodules, cyst, stones, fatty liver disease in intra-abdominal organs such as liver, gallbladder, pancreas, spleen and kidney
Treadmill Stress ECG	A gold standard in detecting silent ischemic heart disease. Test result reviewed by cardiologist*
CT Coronary Calcium Score	Checks for calcium deposits in the walls of the arteries in your heart to assess the risk of heart health conditions.
Ultrasound Thyroid	Detection of abnormal tissues (tumour) in your thyroid glands and tells this apart from a sac containing fluid (cyst)
Ultrasound Kidneys or KUB	Ultrasound Kidneys to assess the blood flow to the kidney as well as its size, shape and location or KUB: to assess structural abnormalities along your entire urinary tract, such as stones, cysts and growths.
Ultrasound Prostate	Check for abnormalities in the male prostate gland, such as masses that could indicate cancer or general enlargement.
Chest X-Ray (Filmless)	Evaluation of lungs, heart and surrounding anatomy for abnormalities or for signs of congestive heart failure (CHF)
Bone Mineral Densitometry (BMD)	Provides a snapshot of bone health, identify osteoporosis and determine risk for fractures as we age
Ultrasound Carotid	Assess cardiovascular and stroke risk if cholesterol plaque is present, by checking the thickness of the inner two layers of the carotid artery



How It Works



Join

1. Choose your package and add-on options (if any)
2. Purchase online. E-receipt emailed upon confirmation
3. Schedule your appointment from the next screen



Test

4. Test at clinic location(s) at either Royal Square Novena or Paragon
5. Our packages allow greater flexibility to test anytime within 6-months of purchase



Know

6. Get results ready email notification (app, portal, WA)
7. Schedule Dr. review* of lab test results (online – video)
8. Use AI Assistants to generate a personalized action plan



Act

9. Adhere to plan. Track results. Use voice, text AI Assistants for inquiries or to customize your recommendations, next steps
10. Transform your health. Retest. Optimize your healthspan.

***Note:** Basic review included. Specialist or longevity medicine consultations for functional insights charged extra.

Specialty Add-ons

DNA HEALTH INSIGHTS



PREDICT | HEALTH RISKS

Learn about your innate health traits, nutritional deficiencies and needs, hereditary health risk predispositions, likely food sensitivities & intolerances.

EXPLORE 

GUT HEALTH INSIGHTS



PERSONALIZE | NUTRITION

Assess gut microbiome composition, likely beneficial and harmful bacteria, their impact on health, probiotics and supplementation, food to eat or avoid.

EXPLORE 

GLUCOSE MONITORING (CGM)



CUSTOMIZE | YOUR DIET, FITNESS

Monitor your blood glucose levels to understand ways your diet, lifestyle, activity, sleep, stress and glucose imbalances impact metabolic health.

EXPLORE 

